

# राष्ट्रीय प्राकृतिक चिकित्सा संस्थान, पुणे NATIONAL INSTITUTE OF NATUROPATHY, PUNE

# Report on Azadi Ka Amrit Mahotsav

- 1. Name of the Institute: National Institute of Naturopathy, Pune
- 2. Name of the Research Council (not for NIs): NA
- 3. Nodal Officers for the activity:
  - Dr. D Sathyanath
  - Dr. P. Yuvaraj Paul
- 4. Address:

National Institute of Naturopathy, Pune,

Bapu Bhavan Matoshree,

Ramabai Ambedkar Rd, Pune,

Maharashtra 411001

- **5. Name of Medicine distributed:** Arsenic Album, Kabasuri Kudineer, Ayush-64/Ayush Immunity Kit
- 6. Population Covered through distribution of:
  - a) Medicines-

No.	Name of the Medicine	No. of Beneficiaries
1.	Arsenic Album	15,000
2.	Kabasuri Kudineer	960
3.	Ayush-64 / Ayush Immunity Kit	1557
Total		17,517

### b) Guidelines on diet and Lifestyle- 2, 41,498

#### Total no. of beneficiaries

No.	Distribution of medicine	<b>Distribution</b> of	Total
		Guidelines on diet and	
		Lifestyle	
1.	17,517	2,41,498	2,59,015

# 7. Districts covered:

No.	Name of the State	Name of the Districts
1.	Andhra Pradesh	Guntur, Prakasam, Anantapur
2.	Assam	Kamrup
3.	Bihar	Kishanganj, Purnea, Madhubani
4.	Chhattisgarh	Dantewada, Raipur, Dhamtari, Durg, Bastar, Bilaspur, Rajnandgao
5.	Delhi	NCR
6.	Gujarat	Aravalli, Kuchh-Bhuj
7.	Haryana	Jhajjar
8.	Karnataka	Udupi, Kodagu, Chikkmanglore, Mysore, Dakshin Kannada, South Bengaluru, North Bengaluru, Dharwad, Ramnagar, Bangalore Rural, Hasan, Belgaum, Davangere
9.	Kerala	Thiruvananthpuram, Kollam
10.	Madhya Pradesh	Sihore, Bhind
11.	Odisha	Khordha
12.	Rajasthan	Jodhpur, Udaipur
13.	Telangana	Khammam, Rangareddy, Secunderabad, Hyderabad
14.	Tamil Nadu	Salem, Namakkal, Dindigul, Trichy, Coimbatore, Tiruvannamalai, Erode, Kanyakumari, Kallakurichi, Tirunelveli, Madurai, Tirupur
15.	Uttar Pradesh	Kanpurdehat, Aonla, Varanasi, Gorakhpur, Mathura, Lakhimpurkhiri, Agra, Gorakhpur, Meerut, Lucknow
16.	West Bengal	Darjeeling, Jalpaiguri, Kalimpong
17.	Maharashtra	Latur, Pune

# 8. Brief of activities: (about 300 words along with 4 good quality colored digital (in jpeg format) photographs at least one showing name of the institute & activity)

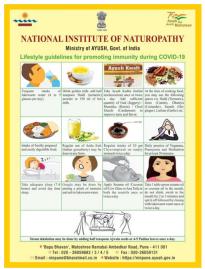
Government of India has launched 'Azadi Ka Amrit Mahotsav' in March 2021 to commemorate 75th Year of independence and started a 75 week countdown to 75<sup>th</sup> anniversary of India's Independence till August 2022. The programs got inaugurated with AYUSH week which was observed from 30th August to 5th September 2021. During this week, the emphasis on Lifestyles guidelines for promoting immunity specifically for Geriatric population was given. NIN has conducted outreach activities for Geriatric population at various places and educated them about the Immunity and distributed the Prophylactic medicine.

Under AKAM program, NIN organized public outreach programs/campaigns in association with Yoga and Naturopathy Colleges/ hospitals/ organization/ at different districts across the country. On each district a minimum of 10 campaigns by the associated Yoga and Naturopathy hospital/institute. A minimum of 5000 people have been reached out by each association in each district. The major agenda of campaigns were to reach public at rural and tribal area. The institutes were instructed to produce the details of the beneficiaries of the camps in the prescribed proforma.

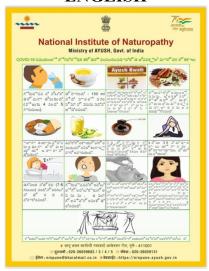
A maximum of Rs. 1 lakh per district was reimbursed for the camps conducted by the co coordinating Yoga & Naturopathy College/ hospital/ organization. The camps were conducted at different districts in 17 states pan India. The IEC material was translated into 8 different languages (English, Hindi, Marathi, Tamil, Kannada, Telugu, Odia and Malayalam) and distributed among the public. The distribution of the camps across country is given below-



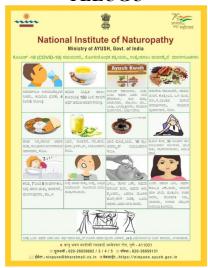
Distribution of AKAM camps across Country



# **ENGLISH**



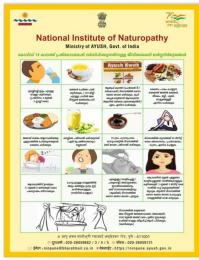
# **TELUGU**



KANNADA



# **ODIA**



# **MALAYALAM**



**TAMIL**